

Update from Councillor Carol Runciman - Chair of Health and Wellbeing Board (HWBB)

December 2018

1. On 25th July 2018 I presented the Health and Wellbeing Board's Annual Report to the Health, Housing and Adult Social Care Policy and Scrutiny Committee. This half-yearly report provides a snapshot of work undertaken by the HWBB since then.
2. The first update I have is that there have been a number of changes to the membership of the Health and Wellbeing Board in recent months. As Chair of the HWBB I would like to thank Martin Farran, Jon Stonehouse, Patrick Crowley, Ruth Hill, and Sarah Armstrong for their contributions to the Board and to warmly welcome new replacement members to the Board. The changes in membership have also meant a change to the lead board members for the joint health and wellbeing strategy themes. I can confirm that our lead board members are now as follows:
 - Interim lead for the starting and growing well theme – Maxine Squire (Interim Corporate Director for Children, Education and Communities, City of York Council)
 - Lead for the living and working well theme – Sharon Stoltz (Director of Public Health for the City of York)
 - Interim lead for the ageing well theme – Sharon Stoltz (Director of Public Health for the City of York)
 - Lead for the mental health theme – Patrick Scott (Director of Operations, York and Selby at Tees, Esk and Wear Valleys NHS Foundation Trust)
3. As there have been so many changes to both members and substitutes on the board an [induction pack](#) has been created for new members. This is an electronic resource that is also available to the public.
4. **Formal Meetings:** The HWBB met on 11th July 2018 and 17 October 2018. The board continues to base the first half of its meetings around one of the themes in the joint health and wellbeing strategy 2017-2022. The second half of each meeting is focused on core business.

5. **July 2017: Starting and Growing Well:** the top priority in the joint health and wellbeing strategy for this theme is to provide *‘support for the first 1001 days, especially for vulnerable communities’*. Additional priorities are *‘reduce inequalities in outcomes for particular groups of children’*; *‘ensure children and young people are free from all forms of neglect and abuse’*; *‘improve services for students’*; *‘improve services for vulnerable mothers’*; *ensure that York becomes a breastfeeding friendly city’*.
6. **Context:** as of July 2018 there are approximately 200,000 residents in York of which just over 36,500 are aged between 0-17 (inclusive); just over 10,500 of these are aged 0-4. There are 200 children in care and 133 children on protection plans.
7. 21.7% of York’s population is aged 0-19 and there are over 22,000 full time students in the city.
8. As part of the work to refresh York’s Joint Strategic Needs Assessment (JSNA) a number of reports are being prepared by the JSNA Working Group to describe **inequalities within the population** of York. These are intended to offer a more detailed insight into health and wellbeing in York and to help focus resources and effort into areas of greater need.
9. The first of these is focused around the starting and growing well theme in the joint health and wellbeing strategy 2017-2022. The full report can be accessed [here](#) and it takes a deeper look into differences of experience for children and young people growing up in York. The report focuses on three interlinking themes, childhood obesity, self harm in young people and childhood poverty. These topics were chosen according to national research demonstrating the presence of inequality and the availability of good quality local data that describes the picture for York.
10. The report was initially discussed at a HWBB workshop where the HWBB began to look at the action that would need to take place to address the identified areas of inequality. Further detail of the discussion at the workshop and how the HWBB decided on the next steps is contained within the [July 2018 meeting papers](#) for the board.
11. The HWBB ultimately agreed that the existing multi-agency Healthy Weight Steering Group would continue to work with Public Health England, looking at all partners and how future proposals can be

developed to tackle childhood obesity with a focus on behavioural change rather than treatment led interventions. The HWBB also felt that this would be a good opportunity to pilot the 'Health in All Policies' approach.

12. The Healthy Weight Steering Group has had several meetings and is in the process of producing a draft Healthy Weight Strategy covering all ages. At the Steering Group meeting where the group considered recommendations relating to children, the work from the HWBB Workshop was incorporated into the discussion. The aim is to have a draft strategy for January 2019 which we will start to share with partners before formally consulting on it later in the year.
13. The Board also received a paper detailing some of the **ongoing work around the starting and growing well theme**; whilst not exhaustive the paper provided the Health and Wellbeing Board with reassurance that work is ongoing in this area and there is much to be proud of.
14. For our top priority '*support for the first 1001 days, especially for vulnerable communities*' one of the key highlights is a significant improvement in relation to the number of families seen by the Healthy Child Service. For example in 2015/16 Quarter 1 23% of families received a new birth visit within 14 days. In 2017/18 Quarter 4 this had risen to 86%. When including families receiving a new birth visit outside of 14 days the figure rises to 96% for 2017/18 Quarter 4. The percentage of families who receive a 12 month development review has risen from 18% (2015/16) to 72% (2017/18 Quarter 4).
15. Additionally there are multi-agency initiatives focused around reducing inequalities in outcomes for particular groups of children such as the work by the Oral Health Improvement Advisory Group which the scrutiny committee are already sighted on.
16. The children and young people's plan 2016-2020 is closely linked with the priorities in the joint health and wellbeing strategy and has a vision that children and young people are at the heart of our city and everything we do. It has four priorities namely; early help; emotional and mental health; narrowing gaps in outcomes and priority groups.
17. Taking this into account the Health and Wellbeing Board agreed last year that a range of partnership mechanisms across the city (including but not restricted to the YorOK Board and the

safeguarding children board) be used to deliver against the starting and growing well theme of the joint health and wellbeing strategy (2017-22). There are already multi-agency plans in existence that cover many of the key areas within the starting and growing well strategy theme; it would seem pertinent to use these rather than producing one single action plan.

18. A **Student Health Needs Assessment** was completed in 2017 and the Board received a progress report in July 2018 on how the Student Health and Wellbeing Network had progressed work around this agenda.
19. I can report that the network has been led and facilitated by Higher York and has:
 - provided a space for key stakeholders to focus on service provision from a multi-agency perspective;
 - enabled student support services to have a voice in a city wide multi-agency setting;
 - developed an action plan to effectively support the needs of students across the city;
 - provided a forum to raise, share, understand and respond to existing and newly identified needs around students;
 - allowed for open discussion and sharing of research between student service teas, health providers, student unions and the voluntary sector.
20. However it is unclear whether the Student Health Network has the capacity to continue this work.
21. **October 2017: Mental Health and Wellbeing:** the top priority in the joint health and wellbeing strategy for this theme is to *'get better at spotting the early signs of mental ill health and intervene early'*. Additional priorities are *'focus on recovery and rehabilitation'*; *'improve services for mothers, children and young people'*; *'improve the services for those with learning disabilities'*; *'ensure that York becomes a suicide safer city'* and *'ensure that York is both a mental health and dementia friendly environment'*.
22. Health and Wellbeing Board received their first report from the independent chair of the newly established Mental Health

Partnership. HWBB signed off the Terms of Reference for the Partnership and it will be reporting to HWBB at least annually on progress against delivering the all age mental health strategy 2018-2023.

23. Work is ongoing to ensure that the partnership works effectively and in a complementary way to existing groups. There is also some mapping work to undertake looking at work streams of other groups in the city to avoid duplication.
24. The Mental Health Partnership acknowledges that to make a significant difference a more collective approach is required to start making the cultural shifts to fully aligned delivery. There is an ambition to work in a more integrated way using community strength based approaches at a neighbourhood level.
25. The Partnership have identified three priorities to initially focus on, namely;
 - Self harm
 - Housing/supported accommodation
 - Long term prevention
26. The Health and Wellbeing Board have also agreed to sign up to the Prevention Concordat for Better Mental Health. This concordat is underpinned by an understanding that taking a prevention focused approach to improving the public's mental health makes a valuable contribution to achieving a fairer and more equitable society. The concordat promotes evidence based planning and commissioning to increase the impact on reducing health inequalities. Implementation of the concordat has been delegated to the Mental Health Partnership.
27. Additionally Health and Wellbeing Board received a report on two further mental health related matters:

An update on the all age autism strategy

28. The principles of the strategy are:
 - People with autism and their families and carers are at the centre of everything we do
 - Focus on people's strengths to overcome barriers

- Guidance, information and support are easily available
- The right support at the right time
- Increased awareness of autism across the City of York Council living in your community and being included

29. The six areas of focus identified in the strategy are:

1. Inclusive communities
2. Assessment and diagnosis
3. Transitions
4. Training/education
5. Employment
6. Parent/carer support

30. The report detailed the progress made against these areas of focus and asked the Health and Wellbeing Board to endorse the action plan in order to maintain progress and to actively promote York being an autism inclusive city. The Health and Wellbeing Board agreed to this. You can read the full report [here](#).

31. In addition to the establishment of the Mental Health Partnership, the Learning Disability Partnership was established in June 2018. It will meet quarterly, and the main area of its business initially is the development of an all age Learning Disability Strategy. The partnership is a multi-agency group which includes people with learning disabilities and carers. The partnership is supported by a working group. The draft strategy is scheduled for the March 2019 meeting of the Health and Wellbeing Board.

Refresh of the local transformation plan

32. The Local Transformation Plan reflects the aims and ambitions for children's emotional wellbeing in the local area and describes how it is working collaboratively to deliver them. The plan is refreshed annually and endorsed by the Chair of the Health and Wellbeing Board before being submitted to NHS England. You can read the full report [here](#).

33. **Other key pieces of work** – in addition to the above information which focuses on the board's joint health and wellbeing strategy the Health and Wellbeing Board have considered the following:

- **Health Protection** – Health and Wellbeing Boards are required to be informed and assured that their health protection

arrangements meet the needs of the local population. The scope of health protection is wide ranging and includes:

- National programmes for vaccination and immunisation
- National programmes for screening, including those for antenatal and newborn; cancer (bowel, breast and cervical); diabetic eye screening and abdominal aortic aneurism screening
- Management of environmental hazards including those relating to air pollution and food
- Health emergency preparedness and response, including management of incidents relating to communicable disease (e.g. TB, pandemic flu) and chemical, biological, radiological and nuclear hazards
- Infection prevention and control in health and social care community settings
- Other measures for the prevention, treatment and control of the management of communicable disease as appropriate and in response to specific incidents.

34. An inaugural meeting of a local health protection committee to support a multi-agency approach to addressing health protection issues for the city will take place this year and will be led by the Director of Public Health.
35. **The HWBB Steering Group:** the HWBB Steering Group meets on a monthly basis and continues to effectively manage the HWBB's business and ensure they fulfil their statutory duties. It receives regular updates from the JSNA Working Group. As well as leading on the inequalities reports I mentioned earlier in my report the JSNA Working Group have also published 2 topic specific needs assessments as follows:
 - The [sexual health needs assessment](#) was a rapid assessment of the sexual health needs of York's population; it looked at the current and emerging sexual health needs of people living in York and concluded with a number of recommendations
 - [The homeless health needs assessment](#) has helped to inform a new homeless strategy for the city; 'preventing homelessness together.'
36. **The York Health and Care Place Based Improvement Partnership** is a strategic level, action focused partnership. It supports cross-organisational change by collectively and proactively

working together to address delivery of longer-term improvements across the city's health and social care services. Its programme of work is focused on the improvement plan following the 2017 Care Quality Commission's (CQC) Local System Review. The partnership have identified 3 work streams:

- Digital
- Workforce
- Capital and Assets

37. These align with the priorities of the Humber, Coast and Vale Sustainability and Transformation Partnership.
38. **Care Quality Commission** - In September 2018 the government announced that York would be one of three areas to undergo a follow up review by Care Quality Commission, to check our progress against the action plan submitted after the Local System Review of 2017. Progress against the plan has been reported to the HWBB and to the scrutiny committee over recent months.
39. CQC requested an updated plan, a System Overview Information Return as well as a two day site visit comprising interviews with system leaders and focus groups. This took place on 19th and 20th November 2018. The report is expected to be presented by CQC at the HWBB workshop in January. However, these details are to be confirmed. The headline feedback at the end of the visit acknowledged some progress had been made, and that they had seen evidence of great commitment to joint working from frontline staff. It was recognised that further progress is needed; this is in part due to recent and forthcoming changes in senior offices, notably in the Council's adult social care directorate and children's directorate, York CVS, Healthwatch York, York Teaching Hospital NHS Foundation Trust and Tees, Esk and Wear Valleys NHS Foundation Trust.
40. **Building Relationships** – as Chair of the HWBB I continue to meet with key partners in the city including, the Chairs of the CCG, York Teaching Hospital NHS Foundation Trust, Tees, Esk and Wear Valleys NHS Foundation Trust (TEWV) and the Chairs of both the Adults Safeguarding Board and the Children's Safeguarding Board.
41. **Communications** – Health and Wellbeing Board now produce a seasonal newsletter. The most recent of these can be found [here](#).

42. **York Festival of Ideas** - Health and Wellbeing Board, in collaboration with One Planet York took part in the Festival of Ideas. The theme for this year's festival was 'Imagining the Impossible'. As part of this wider city conversation the HWBB and One Planet York held an event on 12th June 2018 focused on healthy city and place called 'Paradise Found: How Can One Place Can Work for Everybody'. The event was very well received and a post-event summary can be found [here](#).

Cllr Carol Runciman

Chair of Health and Wellbeing Board

Background documents

York Joint Strategic Needs Assessment: Starting and Growing Well in York - Inequalities Report

All Age Autism Strategy

Local Transformation strategy

Health and Wellbeing Board Newsletter 2018

Conference Report: Paradise Found, How one place can work for everybody.

Abbreviations

CQC Quality Commission

HWBB- Health and Wellbeing Board

JSNA - Joint Strategic Needs Assessment

NHS England- National Health Service England

TB- Tuberculosis

TEWV Tees, Esk and Wear Valleys NHS Foundation Trust